

## PRESS RELEASE

For Immediate Release: 8-13-2020

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### Crawford County Board of Health Position Statement

As our communities and businesses are opening, people are resuming activities, running errands, and attending events and gatherings. There is no way to ensure zero risk of infection so it is very important to understand the risks and know how to be as safe as possible. With public safety in mind, based on guidance and recommendations from the Centers for Disease Control and Prevention (CDC), the Crawford County Board of Health (BOH) makes the following recommendations for citizens and visitors in Crawford County:

- Wear a cloth face covering in public settings, especially when other distancing measures are difficult to maintain.
- When wearing a cloth face covering, make sure that it covers your nose and mouth.
- COVID-19 spreads mainly among people who are in close contact. Distance yourself at least 6 feet away from others when possible.
- Other prevention measures that are recommended include staying home when ill, covering coughs/sneezes with your elbow or a tissue, washing hands frequently, and cleaning frequently touched surfaces often.
- People at higher risk for serious complications (over the age of 65 and/or those with chronic conditions) should consider their level of risk before participating in activities.

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